



## **Cerec Crown Post-Operative Instructions**

A Cerec crown is a restoration that is completed in one visit to our office thanks to the advanced technology we use.

Mild tooth sensitivity to cold can occur with placement of any bonded dental restoration. This gradually diminishes after a few days.

Avoid chewing in the area of the crown or drinking hot beverages until any numbness has completely worn off.

Gum irritation or sensitivity can occur with any anesthetic injection and crown prep procedure. You may rinse with warm salt water as needed. (1-tsp salt mixed with 1-cup warm water)

We adjust your bite immediately after placing the crown, however, sometimes the numb feeling does not allow for proper refinement. If this occurs, call our office for a time for you to come in for an adjustment.

We will inform you if we find evidence of advanced tooth decay or cracks during your treatment. These can transmit bacteria to the nerve of the tooth which can cause the nerve to develop an infection or die. If this occurs, you may need root canal treatment. Signs and symptoms include: persistent or throbbing pain that increases in intensity over time, severe bite sensitivity, pain that radiates to the side of the face or pain that wakes you during the night.

To keep your Cerec crown in its best condition, brush and floss regularly and visit us for your routine hygiene care. The most common reason for failure of any restoration is failure to maintain both proper hygiene and regular preventive visits.

If you have any questions, please contact us at 704-541-9888.