



## **Sedation Post-Operative Instructions**

Plan to rest for the remainder of the day.

Do not drive or operate mechanical equipment, drink alcohol, smoke, or sign any legal documents for at least 24 hours after surgery.

An adult should stay with you for at least the first 24 hours. Patients may seem normal but the effects of the sedative medication can last several hours. Do not walk or climb stairs unassisted.

Drink plenty of fluids and proceed with nutritious meals as soon as possible. Anesthetic effects can vary by patient. Drowsiness may last for several hours. It is best to take any pain medication before pain is experienced.

Please follow any other post-operative instructions given to you based on your specific treatment.

If you have any questions, please contact us at 704-541-9888.