



Implant Surgery Post-Operative Instructions

Avoid strenuous physical activity for the first 2-3 days following the procedure.

Medications

Start any prescribed medications as instructed. Some pain medications may cause drowsiness and impair your ability to drive or perform activities that require alert attention. You should avoid such activities while using these medications. Avoid alcoholic beverages while taking your medications. Taking medications after eating may help limit stomach discomfort.

If antibiotics were prescribed, take as directed for the full, indicated length of time.

Diet

Avoid carbonated beverages for the next 2 days.
Do not drink through a straw.
Drink plenty of fluids during the healing process.
Soft foods can be eaten until you are ready for your regular diet.

Swelling

While awake you may apply a cold compress to the surgical side of your face for 20 minutes intermittently for the first 2-3 days.

Oral Hygiene

If prescribed, use the anti-bacterial mouth rinse twice daily and avoid eating, drinking or rinsing for 20 minutes after use.

If sutures have been placed, please follow the care directions you are given, which will vary depending on the type used (dissolvable or non-resorbable, which will need to be removed in 1-2 weeks).

If you have any questions, please contact us at 704-541-9888.